



Ingredients

WHEAT flour, mix of dried seeds (sunflower seeds, linen seeds, oat flakes, SESAME seeds), oil, EGGS, salt, baker's yeast.

Allergens

Nutritional value (100g)

Energy value	434,8 Kcal
Fat	24,7 g
Of which saturates	2,4 g
Carbohydrate	40,4 g
Of which sugars	2,3 g
Protein	10,6 g
Salt	2,03 g